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Lisa's Long Road to Safety

Lisa* was married for 32 years and suffered abuse from her husband from the very beginning of their marriage. She had 3 daughters who witnessed the abusive behavior throughout their lives. Lisa's husband was very controlling and expected to know her every move. Ultimately, her youngest daughter who was afraid for her mother's life during the last abusive episode, moved Lisa into her own home to keep her safe.

She finally came to TMWF for help with the support of her daughter and her fiancée. Having another male figure who was helping protect her finally, made her feel safe and secure. It gave her the courage to leave her abusive situation and stand up to her husband.

Lisa stated that the only reason she stayed in her marriage for 32 years was to provide a stable, normal family life for her kids and grandchildren even if it meant risking her own happiness. She states that she hasn't lived freely all these years and that she is finally ready to think about herself.

**Name has been changed to protect her identity.*